



MULTI-SERVICE SENIOR CENTER

40086 PASEO PADRE PARKWAY
FREMONT, CA 94538
www.ci.fremont.ca.us



LUNCH: 12:00 NOON

Members: \$4:00 SENIORS
Non-Members: \$5:00
Youngsters: \$6:00

TICKETS INFORMATION # 790-6610

OFFICE # 790-6600

*Vegetarian Option Available

LUNCH FEBRUARY 2004

MEALS ARE COOKED ON SITE

SOLD:
FIRST-COME, FIRST-SERVED
NO REFUNDS, NO EXCHANGES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Open Faced Turkey Sandwich, Gravy Mashed Potatoes Vegetable, Salad Dessert	3 <u>Los Amigos</u> Roasted Pork Loin With Ancho Sauce Spanish Style Rice Vegetable, Salad Tortilla, Dessert	4 \$5- \$6- \$7- <u>International Food Festival</u>	5 Baked Fish With Tarragon Butter Steamed Rice, Salad Vegetable. Roll Dessert	6 Grilled Pastrami Sandwich, With Russian Dressing Potato Chips, Salad Dessert
9 Lamb Shanks, With Assorted Vegetables Salad, Roll Dessert	10 <u>Indo American</u> Lentil Soup, Chicken With Mushrooms Vegetable, Salad Roll, Dessert	11 Philly Cheese Steak Tatar Tots, Salad Dessert	12 Sweet & Sour Fish Steamed Rice, Salad Vegetable, Roll Dessert	13 <u>Valentines Day</u> <u>Birthday Party \$5 \$6 \$7</u> Surf & Turf, Baked Potato, Vegetable Salad, Roll Dessert
16 CLOSED FOR PRESIDENT'S DAY	17 Braised Brisket Of Beef, Vegetables Potatoes, Salad Corn Bread, Dessert	18 Chicken Parmesan With Pasta, Vegetable Salad, Roll Dessert	19 Baked Salmon With Béarnaise Sauce Multi Grain Pilaf, Salad Vegetable, Roll Dessert	20 TACO SALAD DESSERT
23 Roasted Turkey With Mashed Potatoes Gravy, Cranberry Sauce Vegetable, Salad Roll, Dessert	24 Vegetable Or Meat Lasagna, Vegetable Salad, Roll Dessert	25 Grilled Liver & Onions Mashed Potatoes Gravy, Vegetable Salad, Roll, Dessert	26 Grilled Ham & Cheese Sandwich, Oven Fried Potatoes, Vegetable Salad, Dessert	27 Crab Cakes Steamed Potatoes Cole Slaw Roll, Dessert
March 1st Baked Chicken Breast Rice Pilaf, Vegetable Salad, Roll, Dessert	2nd <u>Los Amigos</u> Tamale Pie Vegetable, Salad Dessert	3 \$5- \$6- \$7- <u>International Food Festival</u>	4 Baked Ham With Honey Lemon Glaze Macaroni & Cheese Vegetable, Salad Roll. Dessert	5 Leg Of Lamb, Turkey Rice Soup, Gravy Roast Potatoes, Salad Vegetable, Roll Dessert

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.